

Exploring the Hidden Danger of Fruit Flies

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When we think of fruit flies, we picture harmless little insects that gather and circle around ripe fruit. They are a complete nuisance to humans as they hover over items that are left out, like fruit and vegetable bowls, juice cups, damp mops, and trash cans. Outside fruit flies are found around compost piles, decaying gardens, and garbage sources. They can be a year-round problem but are most common in summer and fall. The reason they can stick around all year is that they can breed inside drains where they reproduce rapidly and in huge numbers.

Are these tiny little insects any more than a nuisance? Actually, they are more than a simple annoyance. There are hidden dangers that most people are unaware of, that make these tiny little fruit flies a human health hazard. Dangerous bacteria and other germs can stick to their hairy bodies, that can get on our food or hands and spread illnesses that cause health problems, especially diarrhea.

In order to prevent illness from fruit flies, you should wash your hands after coming into contact with fruit flies. We also suggest that you don't swat at them or try to kill them with your hands. In addition, if fruits and vegetables have been left out unprotected, you should wash them thoroughly. Most importantly, you should call a professional pest control company that can assist you in eradicating fruit fly problems and keep them from coming back.

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